Translated Chef Card Template

for people with allergy

How to use your chef card:

As well as telling staff about your allergy, and asking questions about the ingredients and the way the meal is prepared, carry a 'chef card' that lists your food allergen/s.

Give the card to wait staff or chef so your meal can be made without your food allergen/s. The chef card should come back to you with your meal.

English

To the Chef:

I have severe food allergy.
To avoid a life-threatening allergic reaction, I must avoid foods that have touched or contain

Allergy & Anaphylaxis Australia®

For more information about food allergies contact Allergy & Anaphylaxis Australia on **1300 728 000** or **allergyfacts.org.au**
For free food service e-training go to: **foodallergytraining.org.au**

THANK YOU

Before making my meal, please wash food preparation equipment and surfaces with hot soapy water. This includes:

- Chopping boards
- Mixing bowls
- Utensils
- Knives & tongs
- Pots & pans
- Surfaces

Croatian

Kuharu:

Imam ozbiljnu alergiju na hranu.
Kako ne bih dobio/la alergijsku reakciju koja mi može ugroziti život, moram izbjegavati hranu koja je dodirnula ili koja sadržava:

Allergy & Anaphylaxis Australia®

Za više informacija o alergijama na hranu, kontaktirajte Allergy & Anaphylaxis Australia na **1300 728 000** ili **allergyfacts.org.au**. Za besplatnu e-obuku o služenju hrane, posjetite: **foodallergytraining.org.au**

HVALA VAM

Prije nego što pristupite pripremanju mog jela, molim vas operite pribor za pripremanje hrane i radne površine vrućom vodom i deterdžentom. To uključuje:

- Daske za rezanje
- Zdjele za miješanje
- Pribor
- Noževe i hvataljke
- Lonce i tave
- Radne površine

Allergy & Anaphylaxis Australia®
Your trusted charity for allergy support

Translations

Allergen - English
Peanut
Tree nuts
Egg
Milk (dairy) including cheese, butter, cream, ice cream, ghee, yoghurt
Shellfish including shrimp, crab
Fish
Soy
Wheat
Sesame
Lupin

Alergen - Croatian
Kikiriki
Orašasti plodovi
Jaja
Mlijeko (mliječni proizvodi), uključujući sir, maslac / putar, vrhnje, sladoled, ghee maslac, jogurt
Školjke / ljuskari, uključujući škampe, rakove
Riba
Soja
Pšenica
Sezam
Vučji bob

Tree nuts - English
Almond
Brazil nut
Cashew
Hazelnut
Macadamia
Pecan
Pine nut
Pistachio
Walnut

Orašasti plodovi - Croatian
Badem
Brazilski orah
Kašu / indijski orah
Lješnjak
Makadamija / australski orah
Pekan orah
Pinjoli / borovi oraščići
Pistać / pistacija
Orah