



# Child/ Adolescent Information Sheet

<b>Title</b>	Designing a paediatric competency framework for Dietitians in Australia
<b>Protocol Number</b>	96941
<b>Project Sponsor (if applicable)</b>	Monash University
<b>Coordinating Principal Investigator</b>	Ms Nicole Murray Accredited Practising Dietitian, PhD Candidate Monash University
<b>Location</b>	Australia-wide

Thank you for reading this Information Sheet. We would like to ask you to participate in a **research project** that is explained below.

**It is ok to say no.**

## Introduction

This study aims to explore what a dietitian needs to know and to do to provide good care to children and their families. You have been chosen to participate as a child or young person who has received care from a dietitian. We hope you can help us understand what you think makes a good dietitian. We also plan to determine how to provide better education for dietitians who work with children and young people. The information you provide will help us to train dietitians to provide better care in the future.

## Description of Experiment – methods and demands

You will be asked to tell us that you are happy to participate through an online form. It is important that you understand what is required of you before you decide to participate. We will also ask you a few questions about your background in an online survey. Your parent or caregiver can help you with this.

This study will involve participating in an interview with your parent or caregiver. The interview will take about 60 minutes. The interview will take place online. We will plan a time that is convenient for you and your parent or caregiver. During the interview, we will ask you about the skills you think are important for a dietitian who is looking after you. We will video record the session so we can describe your views accurately.

## Risk and Discomfort

We don't expect that participating in this project will cause any harm or discomfort, other than the burden on your time. If participation does cause you any stress, we encourage you to contact Lifeline Australia on 13 11 14. Lifeline Australia is a free and confidential service. Your parent or caregiver will be given these contact details too.

## **Benefits**

This project seeks to understand the skills required of a dietitian working with children and young people. We will use the findings to improve education and training of dietitians so they can provide better care to children, young people, and their families.

## **Withdrawing from the Study**

If you decide to participate, you can withdraw and discontinue participation at any time. The decision to withdraw from the study will not affect your medical treatment or your relationship with the people treating me.

For more information about this study, you can speak to the project team, or your parent or caregiver.