

FOOD ALLERGY WEEK

ALLERGY & ANAPHYLAXIS AUSTRALIA

25 - 31 MAY 2026

SOCIAL MEDIA TOOLKIT

This toolkit contains thought starters to help you spread awareness of Food Allergy Week through your own social channels. You can find more info at allergyfacts.org.au/food-allergy-week

FACEBOOK

This Food Allergy Week, I'm supporting @AnaphylaxisAustralia to raise awareness for the 1.9 million Australians living with food allergy. They've created a free online Adrenaline Hub with life-saving information to help you recognise the signs of anaphylaxis and be ready to react. Please take a moment to learn more - and share this post. It could save a life.

Visit Allergy & Anaphylaxis Australia's website to learn more: allergyfacts.org.au/food-allergy-week

INSTAGRAM

This Food Allergy Week, I'm supporting @AllergicAustralia to raise awareness for the 1.9 million Australians living with food allergy. They've created a free online Adrenaline Hub with life-saving information to help you recognise the signs of anaphylaxis and be ready to react. Please take a moment to learn more - and share this post. It could save a life.

Visit Allergy & Anaphylaxis Australia's website to learn more: allergyfacts.org.au/food-allergy-week

LINKEDIN

This Food Allergy Week, I'm supporting @AllergyAnaphylaxisAustralia to raise awareness for the 1.9 million Australians living with food allergy. They've created a free online Adrenaline Hub with life-saving information to help you recognise the signs of anaphylaxis and be ready to react. Please take a moment to learn more - and share this post. It could save a life.

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TIKTOK

This Food Allergy Week, I'm supporting @AllergyAustralia to raise awareness for the 1.9 million Australians living with food allergy. They've created a free online Adrenaline Hub with life-saving information to help you recognise the signs of anaphylaxis and be ready to react. Please take a moment to learn more - and share this post. It could save a life.

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