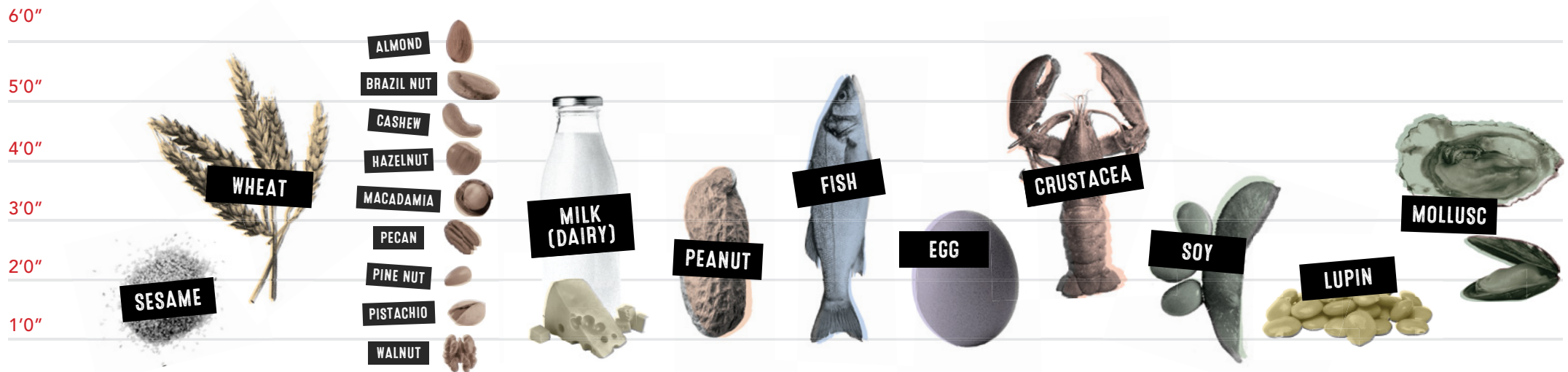


# THE USUAL SUSPECTS



FOOD ALLERGY AWARE  
www.foodallergyaware.org.au

NATIONAL ALLERGY COUNCIL  
www.nationalallergycouncil.org.au

## Food allergy is a serious issue

**Know** WHAT IS IN YOUR FOOD

**Be** 100% TRUTHFUL

**Prepare** FOOD SAFELY

**Understand** THE CONSEQUENCES

## What to do if a customer has an allergic reaction

# CALL 000

**While waiting for the ambulance to arrive**

- 1** Lay person flat, do not allow them to stand or walk. If breathing is difficult allow to sit on the ground with legs outstretched.
- 2** Follow customer's ASCIA Action Plan for Anaphylaxis (if they have one) and administer adrenaline (epinephrine) injector following instructions on the Plan.