

# HOW TO REPORT A FOOD THOUGHT TO HAVE TRIGGERED AN ALLERGIC REACTION/ANAPHYLAXIS.

- ❑ **First manage the allergic reaction/anaphylaxis**
- ❑ **Then report the reaction to help benefit others**

## To report a reaction to packaged food

Keep suspect food/s

Note batch number and use-by date; photograph package ingredient list and allergen information. Seal it; label it **DO NOT EAT** then freeze it.

Note where and when food was purchased; keep receipt

Make a written record of whole incident including medical treatment as soon as possible after the reaction

If possible, purchase an identical item with the same batch number and/or use by date

## To report a reaction to food purchased from a food service provider

**CHECK:** Did you clearly disclose your food allergy? If yes, proceed with reporting a complaint.

If possible, take a photo, keep the suspect food and take it home

**Label it DO NOT EAT store in freezer**

Note where and when the meal was purchased

**Keep receipt**

Make a written record of whole incident including medical treatment ASAP

**Include conversations with staff and their responses**

Contact Allergy & Anaphylaxis Australia online or call 1300 728 000

Contact state/territory health department or food authority in the state that the food was produced or imported into

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Provide a small portion of the suspect food to the authorities if requested, but ensure you keep a portion