

RESEARCH PROJECT: Nuts to You, But Life Changing for Me!

I am conducting research as part of a Charles Sturt University (CSU) doctorate program (ethics approval number: 2015/004) on food allergy and quality of life. The aim of the research is to understand how a diagnosis of food allergy impacts on both the child and the family unit and your assistance will be greatly appreciated.

If your child has a food allergy then I would really like to hear from you as your participation will assist others understand how your life changes. The survey will focus on how food allergy impacts lifestyle and whether this has changed since diagnosis.

So if interested in helping others understand what food allergy means to you and your family please log onto the on-line survey at:

<https://www.surveymonkey.com/s/FoodAllergyQAL>

The survey is two parts: one for your child to complete (age specific) and one for you. No personal data will be stored however there is an option to become more involved if you wish. This involvement is in the form of interviews and/or attendance a group session (designed to be 30 minutes in duration), and will be age specific for children/teenagers. Further information on how to become more involved; if you choose to do so; can be found at the end of the survey.

There is also a Participant Information Sheet, which is attached to the survey provides all the details and this should be read prior to completing the survey which remains open until **1 October 2015**.

Your assistance is greatly appreciated as it will help others understand the challenges you face on a day to day basis and the impact this has on your family's quality of life.

All responses are held in confidence and your privacy protected. If you have any questions or if you wish to discuss, please call **045 2145125** or email **dstocko3@gmail.com**.

Debbi - CSU Student undertaking research in the Doctorate of Health Science program
