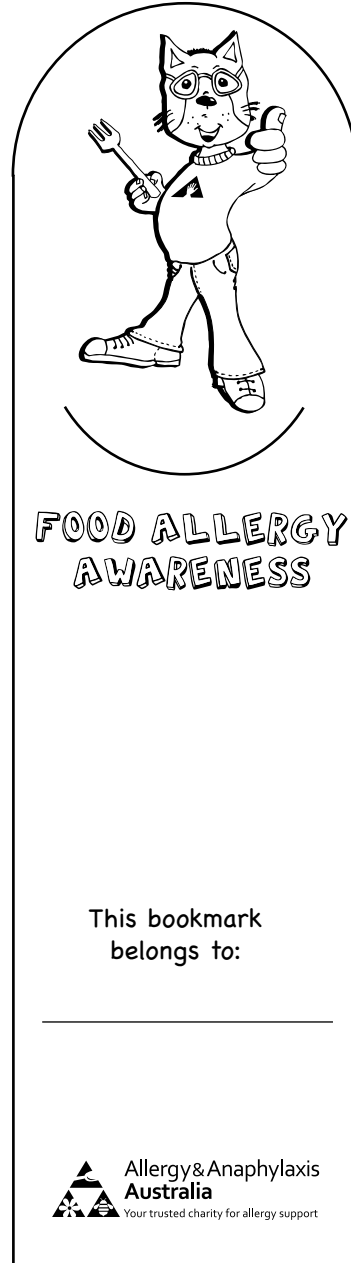
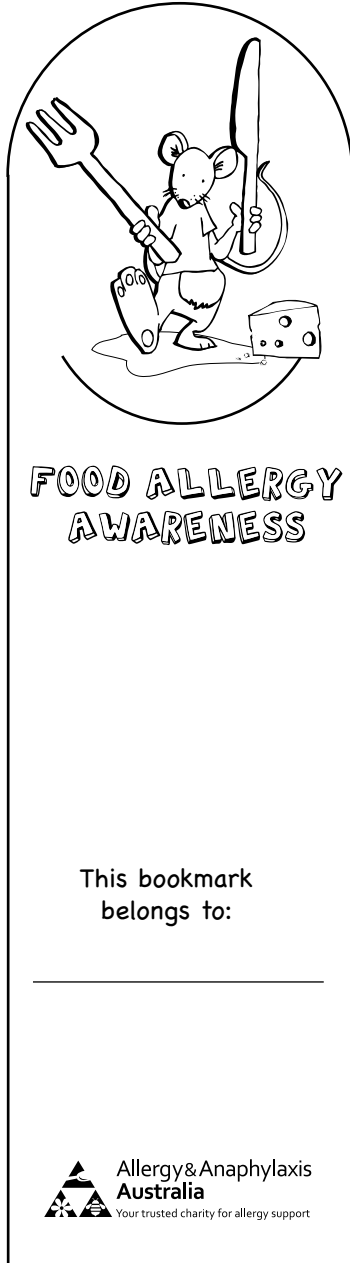


# Make your own Bookmark



Cut along here

Slice here

## INSTRUCTIONS

1. Print out bookmarks at 100% or larger and glue onto cardboard.
2. Allow to dry before colouring-in
3. Once dry, cut out bookmarks following the lines.
4. Get mum or dad to make the cut under the characters

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Making Allergy Treatment Easier





# Make a REAL Mate Envelope

Developing anaphylaxis awareness through education, research & support



### INSTRUCTIONS

1. Print out at 100% or larger. Cut on solid lines, score on dotted lines. Note the cutting line into the centre of each half circle (these will be used as the closure).
2. Lay the paper with the circle halves to your left and right. First fold the bottom flap up, then the top flap down. Then fold the circle halves in, making certain that the edges meet exactly in the center.
3. Write a special message to your friend
4. Link the half circles to close the card.

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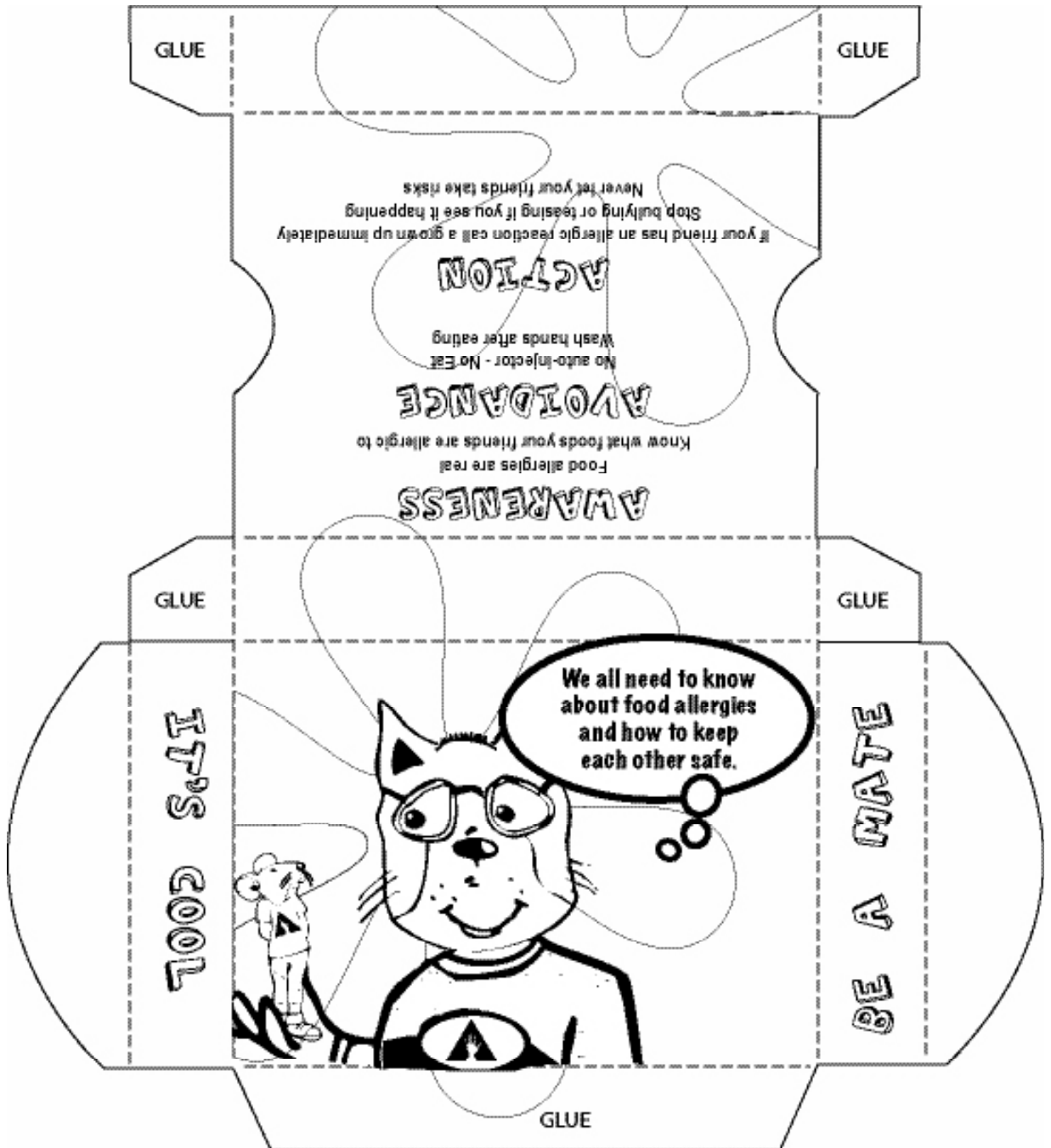
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# Cards Box



## INSTRUCTIONS

1. Print out at 100% or larger. Colour in the box
2. Cut out on solid lines and fold on dotted lines.
3. Carefully tape or glue the flap closed.

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