



Government of **Western Australia**
Department of **Health**
Child and Adolescent Health Service



**Allergy & Anaphylaxis
Australia**

Your trusted charity for allergy support

Australia-first anaphylaxis curriculum resource launched in WA

WA Health and Allergy & Anaphylaxis Australia have launched an Australia-first allergy and anaphylaxis curriculum resource for primary and secondary schools.

The free curriculum resource is designed to assist teachers to plan and implement health and physical education programs in the K-10 Health and Physical Education Syllabus around the topic of food allergies and anaphylaxis.

It is estimated that up to 6% of school aged children in Australia have a food allergy. Some of these children are at risk of severe, potentially life-threatening allergic reactions, known as anaphylaxis.

The new curriculum resource, called Be a MATE (Make Allergy Treatment Easier), aims to educate school aged children and young people about food allergy and anaphylaxis and teaches them how to prevent allergic reactions, recognise the signs of a severe allergic reaction in their friends and to get help if a reaction occurs.

Professor Richard Loh, Head of Immunology at Princess Margaret Hospital, said the Be a MATE curriculum resource had the potential to save lives:

“Severe food allergies are potentially fatal. It is important that teachers and classmates of food allergy sufferers learn to recognise and respond to potentially dangerous allergic reactions,” Professor Loh said.

Jackie Williams, whose 4 year-old son Art suffers from a severe nut allergy, said the accessibility of a curriculum resource at Art’s school would make it a safer place for her son.

“It is heartening to know that Art’s mates will formally learn about his condition and how to raise the alarm if they notice something is not quite right,” Mrs Williams said.

“I’m also pleased that parents and families can access the resource online.

The more people that know how to avoid and respond to Art’s allergy, the better”.

The Be a MATE resource is available at no cost to all schools across Australia on the Allergy & Anaphylaxis Australia [website](#).

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